

Connecting the Dots to Heal Communities

Dear Friends,

We recently completed a remarkable celebration of [National Alcohol and Drug Addiction Recovery Month](#) and wrapped up the second annual observance of [National Substance Abuse Prevention Month](#). You can find President Obama's National Alcohol and Drug Addiction Recovery Month Proclamation [here](#) and his Substance Abuse Prevention Month Proclamation [here](#).



David K. Mineta

While it is sometimes convenient to view prevention, treatment, and recovery as distinct from one another, we should remember they share the goal of improved health, wellness, and public safety. When we support recovery in the

As you read this edition of the Update, I encourage you to think about how you can enhance the relationship between prevention, treatment, and recovery in your school, neighborhood, community, tribe, or state.

– David K. Mineta

community, we prevent future substance abuse — not only by helping individuals avoid relapse, but also by building healthier families, neighborhoods, schools, and businesses. Achieving these shared goals requires holistic approaches and collaboration among a wide range of stakeholders, including young people, schools, families, treatment and recovery support services, law enforcement, child welfare, and primary care and mental health services, to name a few.

As you read this edition of the *Update*, I encourage you to think about how you can enhance the relationship between prevention, treatment, and recovery in your school, neighborhood, community, tribe, or state.

As always, please don't hesitate to forward the *Update* to others who might be interested in reading it. To offer input or subscribe to the *Update*, simply email us at Recovery@ondcp.eop.gov with a request to be added to the *Recovery Update* subscriber list.

Sincerely,

David K. Mineta
Deputy Director, Office of Demand Reduction

Michael Botticelli Becomes ONDCP Deputy Director

Michael Botticelli was sworn in as ONDCP Deputy Director on November 27, 2012. Mr. Botticelli has more than 20 years of experience in the treatment and recovery field, including service as Director of the Massachusetts Bureau of Substance Abuse Services. He has served in leadership roles for the National Association of State Alcohol and Drug Abuse Directors and was a member of the Advisory Committee for the Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Prevention as well as the National Action Alliance for Suicide Prevention. In 2008, he was the first recipient of the annual Ramstad/Kennedy National Award for Outstanding Leadership in Promoting Addiction Recovery and, in 2012, was awarded the National Association of State Alcohol and Drug Abuse Directors' Service Award. Mr. Botticelli is in long-term recovery from addiction, celebrating more than 24 years of sobriety.

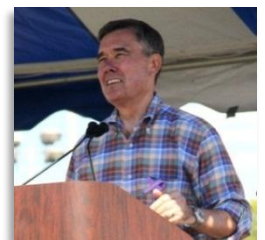
News from the Recovery Branch

Recovery Month Kick-off Luncheon Features Director Kerlikowske and Former NBA Player Chris Herren
[ONDCP Director R. Gil Kerlikowske](#), [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) Administrator [Pamela S. Hyde](#), [Center for Substance Abuse Treatment \(CSAT\)](#) Director [H. Westley Clark](#), and former NBA player [Chris Herren](#) were featured at the [2012 Recovery Month Luncheon](#). Director Kerlikowske urged those in recovery to speak out in order to raise awareness, eliminate stigma and misunderstanding, and lead needed change. He presented President Obama's National Alcohol and Drug Addiction Recovery Month Proclamation to Cynthia Moreno-Touhy, Executive Director of [The Association for Addiction Professionals](#), which sponsored [this year's event](#). Mr. Herren moved those in attendance with his personal story of recovery from substance abuse.

Director takes part in Detroit Recovery Walk & Rally

On September 15, 2012, [Director Kerlikowske](#) took part in the Faces & Voices of Recovery [National Hub Event](#) in Detroit, Michigan.

Accompanied by Detroit Assistant Chief of Police Chester Logan, Dr. H. Westley Clark of SAMHSA, and [Faces & Voices of Recovery](#) Executive Director Pat Taylor, he led over 4,000 participants in a 2-mile walk. [KeepSober.Org](#) conducted live webcasts of the Detroit, Hartford, Connecticut, and Dublin, Ireland, rallies.



ONDCP Director Gil Kerlikowske speaks at 2012 Recovery Walk & Rally in Detroit.

18,000 Join Philadelphia Recovery Walk & Rally

Deputy Director of Demand Reduction Mineta helped lead the 2012 [Recovery Walks!](#) march in Philadelphia and addressed a spirited audience of 18,000 following the walk. He was accompanied by ONDCP Recovery Branch Chief Peter Gaumond, who was a member of the Honor Guard, a group of 340 individuals with 10 years or more of recovery. Honor Guard members had a combined total of 6,493 years of recovery. Other speakers included [Arthur Evans](#), Commissioner of the [Philadelphia Department of Behavioral Health and Developmental Disabilities](#), Pat Taylor of [Faces & Voices of Recovery](#), and Gary Tennis, Secretary of the [Pennsylvania Department of Drug and Alcohol Programs](#), who reminded participants they were "a beacon of hope for the one out of four families that is still suffering." Ted Williams, a formerly homeless man now celebrated as "the Golden Voice," was the honored guest. Additionally, the final of the "Recovery Idol" competition, for which thousands auditioned, was held live and on stage. The highlight was a performance by Philadelphia Rhythm & Blues legend Bunny Sigler.

Deputy Director Mineta Speaks at PRISM Awards Capitol Showcase



Deputy Director Mineta (right) presents Recovery Month Proclamation to Brian Dyak and Marie Gallo Dyak of the Entertainment Industry Council.

Deputy Director Mineta spoke at a Washington, D.C., preview of the 16th annual [PRISM Awards Show](#). Sponsored by the [Entertainment Industry Council](#) (EIC), the show aired on [FX Networks](#). The PRISM awards recognize writers, directors, producers, actors, musicians, and others for accurate depictions of substance use and mental health issues in the media. During the show's April 2012 taping, Director Kerlikowske

presented awards to the television programs *Southland* and *Private Practice*. The Awards Showcase is available online through FX Networks [here](#).

ONDCP Joins Denver Rally for Recovery

Recovery Branch Chief Peter Gaumond took part in the September 8, 2012, walk and rally sponsored by [Advocates for Recovery \(AFR\)](#) [Denver](#). Entitled, *Rally for Recovery: Recovery Heals Families*, the event featured speeches by Mr. Gaumond, state and local officials, advocates, and people in recovery, as well as an award presentation, live music, food, and sober recreational activities sponsored by [Phoenix Multisport](#). A video is available [here](#).

Baltimore Opens Recovery Community Center

The Rev. Benjamin Barnwell, President and CEO of the [Academy of Success](#) and director of the new Academy of Hope Recovery Community Center, and Gregory Warren, President and CEO of [Baltimore Substance Abuse Systems, Inc.](#), presided over the grand opening of a Recovery Community Center in Baltimore. City Councilman Bill Welch and Vu Dang, Chief Service Officer for the City of Baltimore, also spoke. The new center will be staffed by volunteer

recovery coaches serving in the [Recovery Corps](#), one of the initiatives established under the City of Baltimore's program [Step Up! Baltimore Volunteers for Change](#).

Deputy Director Mineta Joins Celebration at New Recovery & Wellness Center

On September 29, Deputy Director Mineta spoke at a *Recovery Works!* event sponsored by the recently opened [DRI-Dock Recovery and Wellness Center](#) in Cambridge, Maryland. Jointly operated by



Deputy Director Mineta (right) presents the Recovery Month Proclamation to John Winslow.

Dorchester Recovery Initiative (DRI), which promotes addiction recovery "for all, no matter what path one takes," and [Chesapeake Voyagers, Inc.](#), which provides peer recovery support for persons recovering from mental health disorders, the center is headed by John Winslow and staffed by people in recovery.

DRI-Dock seeks to offer "a safe, comfortable, and uplifting environment to meet others in the recovery community, receive one-on-one support, and obtain information and skills needed for individuals to continue their path to wellness and recovery."



Philadelphia - 2012 Recovery Walks!

David Mineta (second from left), Robert Lindsay, and Ted Williams at the Recovery Walk and Rally.

At left: Peter Gaumond, David Mineta and Robert Lindsay. Above: Bev Haberle, Roland Lamb, Arthur Evans and Robert Lindsay.

Research and Data

Study Seeks to Map Collegiate Recovery Assets

Research supported by the Stacie Mathewson Foundation aims to identify and begin mapping campus, community, and program assets that are critical to successful collegiate recovery programs.

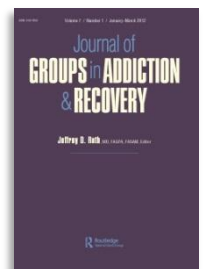
Asset models are widely used to describe factors that are associated with or contribute to positive adolescent development, developmental environments, and recovery in general populations. This appears to be the first application of asset models to the collegiate recovery environment. Findings of the study, scheduled to be released in March 2013, have the potential to inform research, policy makers, practitioners, and others interested in the advancement of collegiate recovery programs. For more information, contact Christopher Hart (chris@sr4gcp.com) or Stacie Mathewson (staciemathewson@me.com).



Recovery Branch Chief Peter Gaumond (left) presents Rev. Benjamin Barnwell and Gregory Warren with copies of the Recovery Month Proclamation.

Special Edition of Journal Explores Emerging Mutual Aid Groups

The September 28, 2012, edition of the [Journal of Groups in Addiction & Recovery](#) describes emerging mutual aid groups and recovery support institutions, as well as the development of a distinctive, all-inclusive culture of recovery that embraces all pathways and philosophies. Among the mutual aid groups discussed are [SMART Recovery](#), [Life Ring Recovery](#), [Moderation Management](#), [Women for Sobriety](#), and



[Methadone Anonymous](#). Edited by William L. White of [Chestnut Health Systems](#), John Kelly of the [Harvard University School of Medicine](#), and the journal's Editor-in-Chief, Jeffery Roth, the special edition includes five articles that are available for free download:

- [The Promise of Mutual Support](#), Jeffrey Roth
- [Broadening the Base of Mutual-Help Organizations](#), John Kelly and William White
- [Empowering Your Sober Self: The LifeRing Approach to Addiction Recovery](#), Martin Nicolaus
- [Moderation Management: A Mutual-Help Organization for Problem Drinkers Who Are Not Alcohol-Dependent](#), Anna Lembke and Keith Humphreys
- [New Addiction-Recovery Support Institutions: Mobilizing Support beyond Professional Addiction Treatment and Recovery Mutual Aid](#), William White, John Kelly, and Jeffrey Roth

Spotlight: Recovery in the Field

Online Mutual Aid Guide

[Faces & Voices of Recovery](#) offers an [online guide](#) to mutual aid, including 12-Step, secular, faith-based, and gender- and culture-specific options. It also has created an [online health reform resource center](#) for people in recovery from addiction, with information on parity, peer services, health exchanges, Medicaid, Medicare, and more.



University of Texas System to Establish Collegiate Recovery Programs on all Campuses

The Board of Regents of the [University of Texas System](#) approved the establishment of Collegiate Recovery Centers at all of its campuses. The implementation process, which will be staged over several years, will be led by the [Center for Students in Recovery](#) at the [University of Texas at Austin](#), winner of the 2012 [American College Health Association's](#) Best Practices in College Health Award. Further information is available [here](#).

In September, 2012, the ONDCP Blog featured an exceptional set of entries celebrating recovery. Click on the links below to read them.



Office of National Drug Control Policy

ONDCP Blog

Celebrating Young People in Recovery

Note: This is a cross-post from the National Institute on Drug Abuse's "Sara Bellum Blog." The original post can be found [here](#). (September 14)

Recovery Month: Finding Our Voices

By Peter Gaumont, ONDCP Recovery Branch Chief (September 17)

What We Must Do About Addiction

Guest post by Kevin Kirby, CEO and co-founder of the South Dakota-based non-profit "Face it TOGETHER" (September 20)

Supporting Recovery in the Native American Community

Guest post by Don Coyhis, President and co-founder of White Bison (September 25)

King County, Washington, Celebrates Recovery Month

Cross post by Susan Richardson, the Executive Director of Reclaiming Futures in Portland, Oregon (September 27)

Click [here](#) to read or subscribe to the ONDCP Blog

Devin Fox Selected as ONDCP Advocate for Action

This summer, ONDCP asked stakeholders across the country to nominate [Advocates for Action](#) — people who are making a difference in their communities through their work to reduce drug use and its consequences. We received over 200 nominations. Due to his exemplary work giving young people in recovery a voice through social media and policy advocacy, Devin Fox, a founding member of the national non-profit organization [Young People in Recovery](#), was among those selected for an award. Devin also serves as the [Recovery Advocate](#) for the New Jersey Division of Mental Health and Addiction Services, an [Advocacy Leader](#) for the New Jersey chapter of the National Conference of Alcohol and Drug Dependence, and as primary therapist at [Summit Behavioral Health](#) in Princeton Junction, New Jersey.



Devin Fox

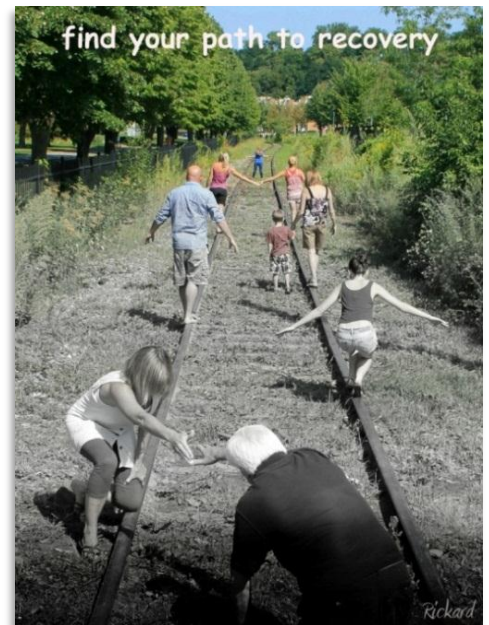
Voices of Recovery

Voices of Recovery is a new feature in ONDCP's *Recovery Update* that will highlight a person in recovery and his or her work. Our first *Voice of Recovery* is Mary O'Neil of Burlington, Vermont.

Eighteen months ago, Mary — a mother of four children age 6, 11, 13, and 15 — was facing DUI charges. She was under house arrest and required to wear an ankle bracelet that monitored her blood alcohol level hourly.

Today, Mary is a volunteer at a recovery community center, [Turning Point Center of Chittenden County](#), a

certified victim and crisis worker, and a sponsor in her chosen mutual aid pathway. A talented photographer, she provided the image above depicting how her life has changed since she entered recovery.



Coming Up

- [Fourth Annual Collegiate Recovery Conference](#), April 3-5, 2013, Lubbock, TX
- [Freedom & Recovery: Integrated Mental Health and Addictions Treatment for Service Members](#), April 3-6, 2013, San Diego, CA
- [Association of Recovery Schools](#) 12th Annual Conference, July, 2013 (Details forthcoming)
- [Connecticut Recovery Conference](#), July 15-16, 2013, Groton, CT