

THE WHITE HOUSE

WASHINGTON

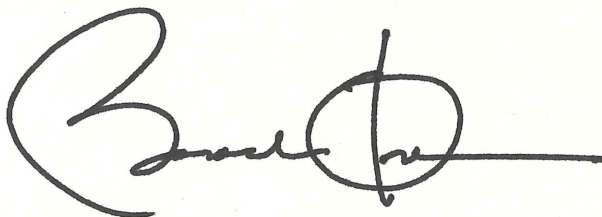
September 23, 2011

I send greetings to all those observing Family Day - A Day to Eat Dinner with Your Children.

Substance abuse and addiction impact every sector of our society, destroying lives and tearing apart families and communities. Ensuring our children do not fall prey to the cycle of drug abuse is essential to our Nation's future, and active and engaged families play a critical role in keeping our sons and daughters drug-free.

Simple daily activities like sharing a meal can play a major role in developing more open communication between children and their parents. Coming together as a family and discussing the day's events allow our children to share their trials and triumphs, while giving parents an opportunity to help their children make healthy decisions.

A strong nation is made up of strong families. Today, let us recommit to supporting activities that strengthen families and help us create a safer, healthier future for America's young people.

A handwritten signature in black ink, appearing to be "Barack Obama", with a large, stylized initial "B" and a circular flourish around the name.